

**AUTUMN/WINTER  
2023/24**

**WEEK 1**

**WEEK COMMENCING**

**February 12, March 4, March 25**



**Vegetarian meals are available upon request**

**MAIN MEAL**

**DESSERT**

**MONDAY**

Margherita pizza **Gluten Milk Soya**  
pommes noisette  
vegetable sticks

**OR**

Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Mixed berry mousse  
**Milk**  
& apple wedge  
**OR**  
Fruit



**TUESDAY**

Spaghetti Bolognese **Gluten Fish Mustard Soya**  
garlic bread **Gluten Milk Soya**  
crunchy vegetables

**OR**

Jacket potato with baked beans, cheese  
**Milk** or tuna mayonnaise **Egg Fish** & mixed  
salad



Cornflake tart **Gluten**  
**Sulphur Dioxide**  
& custard **Milk**

**OR**  
Fruit



**WEDNESDAY**

Southern style burger in a bun  
**Gluten Egg Milk Sesame**  
jacket wedges, carrot sticks  
& ranch salad **Egg**

**OR**

Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Fruit flapjack **Gluten**  
**OR**  
Fruit



**THURSDAY**

Roast turkey, stuffing & gravy **Gluten**  
roast **OR** mashed potatoes  
cabbage & carrots

**OR**

Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Cheese & crackers  
**Gluten Milk**  
**OR**  
Fruit



**FRIDAY**

MSC fish cake **Gluten Fish**  
diced potatoes, garden peas,  
crunchy veg & tomato ketchup

**OR**

Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Apple muffin  
**Gluten Egg**  
**OR**  
Fruit



**ALSO SERVED DAILY:** Best of both bread **Gluten and Soya** Seasonal vegetables available daily, Coleslaw **Egg** when served.

[www.nottinghamshire.gov.uk/schoolmeals](http://www.nottinghamshire.gov.uk/schoolmeals)



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**WEEK 2**

**WEEK COMMENCING**

**January 29, February 19,  
March 11, April 1**



**Vegetarian meals are available upon request**

**MAIN MEAL**

**DESSERT**

**MONDAY**

Quorn dippers **Gluten**  
roast baby potatoes  
sweetcorn & cucumber sticks  
**OR**  
Jacket potato with baked beans  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Chocolate sponge &  
chocolate sauce **Egg**  
**Gluten Milk**  
**OR**  
Fruit



**TUESDAY**

Nottinghamshire sausage & gravy  
**Gluten Sulphur Dioxide**  
Yorkshire pudding **Egg Gluten Milk**  
mashed potato, broccoli & carrots  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Jelly & fruit  
**OR**  
Fruit



**WEDNESDAY**

Cheesy tomato pasta **Gluten Mustard Soya Milk**  
garlic bread **Gluten Milk Soya**  
carrot & cucumber sticks  
**OR**  
Jacket potato with baked beans, cheese **Milk**  
or tuna mayonnaise **Egg Fish** & mixed salad



Bakewell tart  
**Egg Gluten Sulphur Dioxide**  
& custard **Milk**  
**OR**  
Fruit



**THURSDAY**

Roast pork, stuffing & gravy **Gluten**  
Yorkshire pudding **Milk Egg Gluten** roast **OR**  
mashed potato, cabbage & fresh  
carrots **OR**  
Jacket potato with baked beans, cheese  
**Milk** or tuna mayonnaise **Egg Fish** & mixed  
salad



Honey & oatmeal  
cookie **Gluten**  
**OR**  
Fruit



**FRIDAY**

MSC fish finger wrap **Gluten Fish**  
Pommes noisette, crunchy veg,  
sweetcorn & tomato ketchup  
**OR**  
Jacket potato with baked beans, cheese  
**Milk** or tuna mayonnaise **Egg Fish** & mixed  
salad



Strawberry ice-cream  
tub **Milk**  
**OR**  
Fruit



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**WEEK 3**

**WEEK COMMENCING**

**February 5, February 26,  
March 18, April 8**



**Vegetarian meals are available upon request**

**MAIN MEAL**

**DESSERT**

**MONDAY**

Vegan roll & gravy **Gluten**  
baby roast potatoes  
garden peas & fresh carrots  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Chocolate brownie  
**Gluten**  
**OR**  
Fruit



**TUESDAY**

Meatballs in tomato sauce **Gluten Egg**  
with pitta bread **Milk Soya Gluten**  
Tilda rice & crunchy vegetables  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Fruit yoghurt **Milk**  
**OR**  
Fruit



**WEDNESDAY**

Pasta Neapolitan **Milk Gluten Mustard Soya**  
garlic bread **Milk Gluten Soya**  
sweetcorn cobette  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Honey cake  
**Milk Egg Gluten**  
& custard **Milk**  
**OR**  
Fruit



**THURSDAY**

Roast Gammon & gravy,  
Yorkshire pudding **Milk Egg Gluten**  
roast OR mashed potatoes  
carrots & broccoli  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Fruit cookie **Gluten**  
**OR**  
Fruit



**FRIDAY**

MSC breaded fish portion **Gluten Fish**  
oven chips, garden peas & sweetcorn  
tomato ketchup  
**OR**  
Jacket potato with baked beans,  
cheese **Milk** or tuna mayonnaise **Egg Fish**  
& mixed salad



Butterscotch tart  
**Milk Gluten**  
**OR**  
Fruit



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