

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

1

OPTION 2

2

Cheese & Bean Lasagne



Margherita Pizza & Wedges



Vegan Lentil & Stuffing Pastry Roll



Vegan Bolognese & Penne Pasta



Vegan Vegetable Nuggets & Chips



Ham & Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Gammon with Roasted Potatoes & Gravy

Sweet & Sour Chicken & Rice



MSC Approved Fish Fingers & Chips

VEGGIES



Carrots & Peas



Broccoli



Roasted Carrots & Parsnips



Peas



Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



Strawberry Yoghurt & Strawberry Sauce



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



Monday

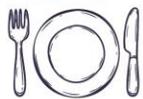
Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

VEGGIES



SWEET TREATS



Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Vegan Cottage Pie &
Gravy



Cheesy Cauliflower
Pasta Bake



Tex-Mex Vegetable
Fajita Wrap



MSC Approved
Salmon Pasta Bake



Pork & Beef Sausage,
Mashed Potatoes & Gravy

Roast Turkey with
Roast Potatoes & Gravy

Mild Caribbean Chicken
Curry & Carrot Rice



MSC Approved
Fish & Chips

Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

Strawberry
Mousse



Oaty Apple
Crumble & Custard



Original
Flapjack



Chocolate &
Carrot Muffin



Raspberry Jelly &
Mandarins



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice

Vegetarian

Vegan

Added Wholewheat



Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

1

Mixed Vegetable & Bean Fajita & Oven Baked Wedges



OPTION 2

2

Chicken Pie with Mashed Potatoes & Gravy



Vegan Bolognese Ragu Penne Pasta



Beef Bolognese Penne Pasta



Vegan Roast Quorn Fillet with Roast Potatoes & Gravy



Roast Chicken with Roast Potatoes & Gravy

Baked Creamy Mac 'N' Cheese



Creamy Chicken Curry & Carrot Rice



Vegan Sausage Roll & Chips



MSC Approved Fish Fingers & Chips

VEGGIES



Peas & Carrots



Sweetcorn



Broccoli & Peas



Carrot & Mixed Salad



Beans



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry Yoghurt & Strawberry Sauce



Mixed Berry & Apple Crumble with Custard



Orange Jelly & Mandarins



Gingerbread Squares with Custard



Garden Brownie



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice 

Vegetarian 

Vegan 

Added Wholewheat 

